

August 2024

Maplecrest Skilled Nursing and Rehabilitation



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Celebrating August

Entertainment with
Mr. McClearn

Aug. 1

Men's Club

Aug. 1

Ladies' Tea

Aug 2

Cello Music with Wyatt

Aug. 3

Mass with Father Joe
(weekly)

Aug. 4, 11, 18, 25

Labor Day Luncheon for
residents

Aug. 5

Worship with Rev. Tensley
(weekly)

Aug. 6, 13, 20, 27

Out for a Drive

Aug. 9

Resident Birthday Party

Aug. 14

Outing to Music at Mauthe

Aug. 15

Annual Family Picnic
Aug. 20th 5:00-7:00 PM

Resident Council and
Program Planning

Aug. 21

Happy Hour

Aug. 26

Mass with Father Jim Daprile

Aug. 28

From the Administrator:

Greetings,

August is upon us! I hope everyone has had an amazing summer so far and is enjoying the last few weeks before school is back in session. I also hope one thing you have on your calendar this month is our Annual Summer Picnic. The fun and festivities will begin at 5pm on Tuesday August 20th. Our team has put together what we believe will be an enjoyable evening for all. I look forward to seeing you there!

There are a few other items of business I want to make you aware of this month. First, as you are probably aware, we have experienced some Covid cases over the last few weeks. Just a reminder, if you are not feeling well, please refrain from visiting if possible. Also, when you are visiting, we encourage you to sanitize your hands upon entry and departure and wear a mask to help minimize the spread of germs.

Secondly, as part of the recent Federal Staffing Mandate by CMS, we are required to update our facility assessment. One of many aspects of this includes soliciting input from our residents and families regarding staffing of the facility. Staffing continues to be our highest priority as well as our greatest challenge. There is a significant nursing shortage throughout the country, and this certainly is affecting us in the Mahoning Valley and at Maplecrest. We welcome your input, suggestions, or any comments you may have. Please feel free to contact me directly or leave a suggestion in the box located in our main lobby area.

Thank you for the opportunity to continue serving you and your family. I consider it an honor and privilege! Hope to see you at the picnic!

God Bless,

Clinton Ansell
Administrator



Father's Day Fun



Hot Dog "Drive-Thru" Fundraiser

AT MAPLECREST, WE NOT ONLY FEEL THAT IT IS IMPORTANT TO CARE FOR YOUR LOVED ONES NOW BUT ALSO FOR YOUR LOVED ONES IN THE FUTURE. EACH YEAR WE HAVE A TEAM OF STAFF AND FAMILY MEMBERS THAT ATTEND THE MAHONING VALLEY WALK TO END ALZHEIMER'S. PLEASE JOIN US!

WE WALK

"FOR FAMILIES FACING THE DISEASE TODAY. FOR MORE TIME. FOR TREATMENTS. TO FIGHT THE DISEASE"



Welcome to Our Residents

Patty Jeanne Shirley
Diane Hazel N. Eileen
Eleanor

Whether you are here for rehabilitation or here to stay, we are happy you chose to join the Maplecrest family!

Happy Birthday to Our Employees

John - 8/5
Taylor - 8/13
Elijah - 8/14
Rayshanda - 8/17
Isaiah- 8/22
Catherine - 8/29

Employee Anniversaries

Tracene - 24 years
Penny - 15 years
Lee - 3 years
Taylor - 1 year

Mahoning Valley Scrappers Baseball Game



Passion Flower Planting



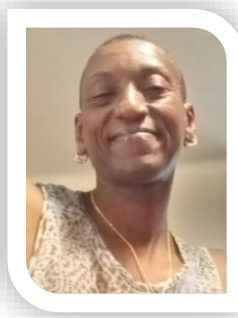
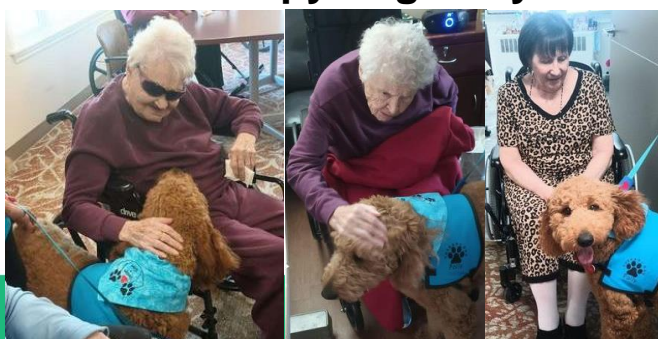
Legend of the Passion-flower

The ten petals of the flower represent the Ten Apostles who were present at the Crucifixion. The Holy Trinity is portrayed by the three secondary calyx leaf bracts. The 72 purple filaments symbolize the crown of thorns worn by Jesus, and the three stigmas represent Christ and the two thieves on the crosses.

Entertainment with Memory Lane Radio



Heartfelt Visits from Janet and her therapy dog Polly



Meet The Staff

**Stacey Hollis,
STNA**

Stacey has been with us for a year and a half now. One of her favorite things about her job is helping the residents and making them comfortable. Something you may not know about Stacey is that she won an award for giving the best care when she worked at a previous facility. Way to Go, Stacey! In her free time, she likes to go try her luck at the casino!

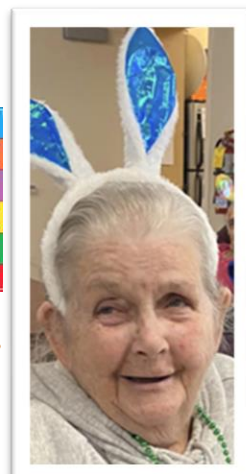
“We are lucky to have Stacey as a part of the Maplecrest family. She has a beautiful smile and is always there for our residents.”

-Amber Conley, Activity Director

Resident Spotlight

“**Katie**” was born August 20th at St. Elizabeth’s in Youngstown, Ohio. She was a secretary for a doctor’s office in her younger days. She has 3 children - Paul, Renee and David. When she was growing up, she had a cat named Billy. Katie’s favorite activities were ice skating and swimming. Currently, she enjoys doing puzzles. Her favorite food is chicken with mashed potatoes and gravy, and her favorite color is **BLUE**. Katie’s favorite memories are meeting her husband and raising her children. Her advice to the younger generation is:

“Don’t rush into anything.”



Keeping Cool in August

Staying hydrated and protecting skin from the sun are critical for everyone during the summer. Dehydration and heat-related illness can lead to delirium or confusion and increase fall risk. People with memory loss might not notice these symptoms. Alzheimer's disease makes it difficult for people to recognize thirst and regulate their body temperature. Helping people cope with the heat is an important responsibility for caregivers.

Hydration Tips

- Set regular reminders to encourage drinking water throughout the day. This can be done through alarms, notes, or verbal cues. You could also make it a point to offer a drink every hour.
- Keep cool water in an accessible pitcher or dispenser with cups. Slices of lemon, lime, or cucumber make water look more enticing. Placing cute drink napkins or some flowers near the water also makes it more attractive.
- Offer beverages people enjoy. Herbal iced tea and sparkling water are some examples. Just be mindful to avoid juices or sodas that are high in sugar.
- Offer fruits and vegetables with high water content, such as watermelon, strawberries, cucumbers, and tomatoes.
- Watch for visible signs of dehydration, such as dry mouth and fatigue.
- Serve a drink at every activity. Serve Arnold Palmers (iced tea mixed with lemonade) for a daily "happy hour."

Skin Protection Tips

- Remind or help people to apply broad-spectrum sunscreen with at least SPF 30 to all exposed skin. Reapply the sunscreen every two hours.
- Encourage wearing lightweight, loose-fitting clothes that cover as much skin as possible. Clothes with UV protection and hats help, too.
- Find outdoor spaces in the shade. Umbrellas and trees are your friends!

August Birthdays

If you were born between August 1–22, you are a Leo, the Lion. Creative and ambitious with a magnetic personality, Leos enjoy the spotlight. Warm, loving, and kind, they make loyal and honorable friends. Those born between August 23–31 are Virgos. Virgos are considered shy and sometimes naïve, private, and tidy. They are curious explorers who are incredibly loyal and well respected by their friends and colleagues.

Happy Birthday to Our Residents!

Nancy 8/3 **Barbara C. 8/5**
Cristino 8/6 **Joann L. 8/7**
Anna Marie 8/10 **George 8/13**
Kate 8/20 **Gerry 8/27**

- Depending on your location, stay indoors during the sun's peak hours. In many places, noon to 4:00 p.m. is the sunniest time. Make a point of spending some time outdoors in the morning or evening.
- Blue Lizard sunscreen is recommended by dermatologists. It is mineral-based and safe for sensitive skin.

Remember to take care of yourself. As a caregiver or companion, staying hydrated and protecting your skin are critical to preserving your own health and energy.

Maplecrest is hiring and the following positions are available:



*Assistant Director of Nursing
STNA: FT afternoon and
midnight shifts
RN/LPN: FT Afternoon Shift
Housekeeper
Receptionist: Part-time*

Contact us today at 330-755-1466 or look for our ad on Indeed.com!